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1 Aims and Scope

The focus of the *European Journal of Applied Physiology* is on human integrative physiology. Accordingly the journal publishes original research utilising a wide range of techniques and approaches which can contribute to our understanding of the function of the intact healthy human body under a variety of environmental and exercise conditions. Such conditions may include those experienced in occupational, sporting, recreational and daily activities throughout the human life-span from childhood to old age. Techniques and approaches utilised in recent published papers include: molecular and developmental biology, biomechanics, biochemistry, endocrinology, and nutrition, as well as all aspects of human physiology.
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